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Certified Professional Life and Career Coach

## “Setting Huge Goals towards Huge Success”

Our life goals, whether huge or small, requires enough amount of persistence and determination. Appreciating and accomplishing our small life goals can be our stepping-stone towards the achievement of huge goals. The bigger our goals are, the more we are required to exert maximal effort and persistence.

Nothing could stop you from achieving a huge goal if you believe you can! *Here are some ways on how to get close to that goal of yours:*

1. **Create a Realistic Goal**—*choose a goal that is not beyond your resources or capabilities.* It is a god thing to aim for big goals, but aiming for those which cannot be possible achieved will not lead you to success, and instead, to frustrations.
  - ✓ Assess yourself first. Know your strengths and weaknesses before choosing your goals. Success requires a lot of preparation.
2. **Know How to Measure Success.**—*can you measure the success you want to achieve?* Some goals can be easily measured like income or properties. Make sure to be keep track of your progress. You might never know that you have exceeded your goal because you were not able to measure it.
3. **Plan.**—*planning is always an essential part of any task or project; it keeps everything organized.* Create a general plan followed by a detailed plan to keep you on track. Follow your plan systematically and carefully to save time and resources.
  - ✓ Seek assistance from experts or written materials in creating your plans.
  - ✓ A general plan includes your main goals while a detailed plan includes the steps and resources needed to achieve success.
4. **Turn Your Habits to Helpful Practices.**—*a simple habit, when developed, can have a huge impact in reaching your goals.* For example, you are trying to save a dollar per day, if you develop that habit and spend less to unimportant things; you can increase that and be able to save more.

5. **Review Your Progress.**—*keep track of yourself, whether you are doing well nor not.* Reviewing your results in a regular basis will help you make enhancements and adjustments ahead of time.
6. **Procrastinate procrastination.**—*assess yourself every day, along the way.* Are you still motivated to reach your goal? Do you still have your inspiration and encouragement? Is something delaying you from achieving success?
  - ✓ Eliminate procrastination. Delaying your daily tasks that can be done in a day might hinder your success. If you want to witness your success faster, do not make actions that will delay it.
  - ✓ Keep yourself going and motivated. Have a positive attitude.
7. **Have Yourself a Success Guru.**—*learn from the experiences of other people; their pathways towards success.* There are a lot of people that are ahead of you when it comes to life goals. Some have already achieved the things you are just about to work hard for.
  - ✓ Learn from others' experiences and knowledge
  - ✓ Make your money well-spent and hire a life or career coach to help you further in achieving success.
8. **Create a Picture of Your Success.**—*visualize and imagine your future success.* Claiming that you will have success sooner will help you become more motivated and positive each day.

Ask these to yourself.

- ✓ How would you feel upon achieving your goal?
- ✓ Where will you be in this time of success?
- ✓ How will your life change?

Some of the many ingredients in achieving success are right goals, organized plans, life coaches and mentors, and a positive attitude. Huge goals won't be easy to be achieved. But with persistence and passion, your way towards reaching for them can be wonderful and meaningful.

*Life is ticking...are you willing to be more of who you already are at this very moment?*

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